

Konkan Education Society's

Dr. C. D. Deshmukh Commerce and Sau. K. G. Tamhane Arts College, Roha, Dist. Raigad.

At Pingalsai, Opp. Roha Railway Stn. Roha, Dist. Raigad – 402109

Website: www.cddcroha.edu.in E-mail: cdcc2007@gmail.com Contact: 02194232448

"Three Days Immunity Booster Online Yoga Camp Report."

A program based on the concept of Online Three Days Immunity Booster Online Pranayam & Yoga Camp was organized on 12 October 2020 to 14 October 2020.

association with College National Service Scheme and Art of Living Branch Roha to overcome the disaster of Covid-19 and to increase the physical and mental morale of college students. A total of 18 students of the college participated in this online program at 8.00 am to 10.00 a.m.

The main purpose of the said program is to teach the students of the college about yoga subject, types of yoga, importance of yoga &

What is the usefulness of yoga in human life & Building capacity to fight against covid.

The principal of the college, Dr. Atul Salunke, was present as the chief guest in the program & Mr. Anant Thorat was present as a yoga guide. In this activity Mr. Anant Thorat at the same time, he gave information to the present students about how yoga improves the physical and mental health of human beings in the Covid 19 Period.

He informed the students about the types of yoga such as Raja Yoga, Hatha Yoga, Lay Yoga, Dhyan Yoga, Karma Yoga and Bhakti Yoga.

This type of yoga was done through online present students.

He also urged the audience to use the acquired knowledge for the benefit of society.

Principal

A—

Dr. Atul Salunke

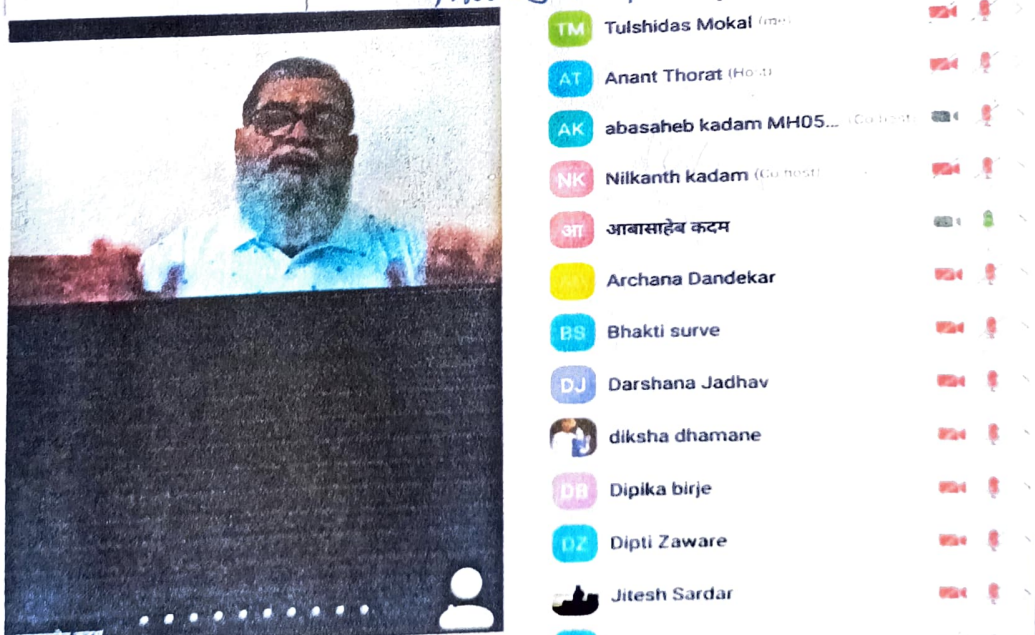
Principal
K.E.S. Dr.C.D.Deshmukh
Comm. & Sau. K.G.T Arts
College, Roha - Raigad



**KES's Dr. C. D. Deshmukh Commerce &
Sau. K. G. Tamhane Arts College
Roha-Dist. Raigad**

Activity Report: Academic Year - 2020-21

Date of Activity: 12th to 14th Oct 2020

Sr. No.	Particulars
1	Name of Activity Three days Immunity booster camp (online) Yoga
2	Name of Organizing Department/Committee /Unit/Cell Dept. of NSS.
3	Collaborating Department/Institution, if any Art of Living
4	Convenor Prof. A. M. Thorat
5	Resource Person(s) Mr. Abasaheb kadam (Mahad)
6	Number of Beneficiaries 18
7	Aims of Activity To Boost immunity through yoga.
8	Outcomes of Activity Student know that How to boost immunity through yoga.
9	

Date: 12th to 14th Oct. 2020

Venue: Online.

(Signature)
Convenor

A-

Principal
Principal
K.E.S. Dr.C.D.Deshmukh
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Blood Donation Camp Name of Activity Report

Dr. C. D. Deshmukh Commerce and Sau. K. G. Tamhane Arts College, Roha, Dist. Raigad organised Blood Donation Camp on 27 December 2021.

Objectives of the Camp:

To motivate people to donate blood and social works.

To ensure safety and quality of blood. .

To motivate and maintain a permanent well- indexed record of voluntary blood donors.

To inculcate the value of helping other through involving self in Life Saving contribution among students.

Practice: Our college organised Blood Donation Camp Every Year In this year on 27 December 2021 the Blood Donation Camp was Organised NSS Unit with colloration with Civil Haspital Alibag. Hon. Principal Dr. A. H. Salunke Inaugurated of the blood donation Camp & Blood Bank Officer Dr. Sunil Patil was Chief guest for the camp. Prof. T.P.Mokal, Prof. S.D.Patil, Dr. K.K.Kamble, were worked as member of organising committee. In this Camp Total 36 NSS, Volunteers and Professor Donate Blood.

Principal

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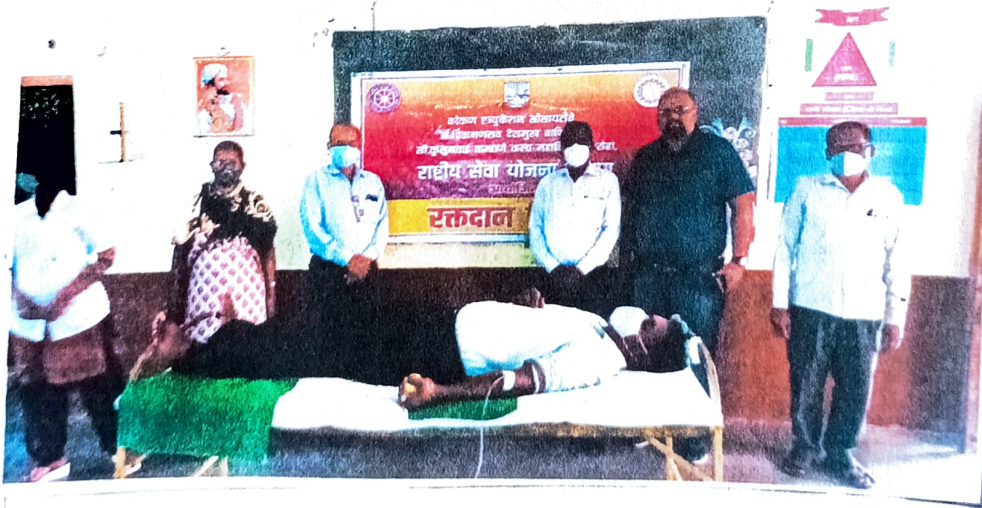
**KES's Dr. C. D. Deshmukh Commerce &
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Roha-Dist. Raigad**

Activity Report: Academic Year - 2020-21

Date of Activity: 27/11/2020

Sr. No.	Particulars
1	Name of Activity <i>Blood Donation Camp</i>
2	Name of Organizing Department/Committee /Unit/Cell <i>College NSS Unit</i>
3	Collaborating Department/Institution, if any <i>District Blood Bank Ahibag</i>
4	Convenor <i>Prof. - T. P. Mokal</i>
5	Resource Person(s)
6	Number of Beneficiaries <i>36</i>
7	Aims of Activity <i>To know the importance of Blood Donation.</i>
8	Outcomes of Activity <i>Students understand the importance of Blood Donation.</i>

9 Photographs



Date: 27/11/2021

Venue: College

(Signature)
Convenor

(Signature)
Principal

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“ New Voter Awareness Programme”

Voter's Awareness Programme has been organized by KES Dr. C.D.Deshmukh Commerce and Sau. K. G. Tamhane Arts College Roha 25th Nov. 2020. Dr. Atul Salunke , Principal of College inaugurated the programme. Mrs. Kavita Jadhav (Tahsildar , Roha Tahsil Office) and Prof. T.P. Mokal, delivered their speech on the importance of the voting rights of the general public. Mrs. Kavita Jadhav stressed on the need of creating awareness among the youths about voting rights in her speech.

In these context college has conducted various programme to create voting awareness in common people with the significance to encourage more young voters to actively take part in the election process to create transparent democratic nation. For this programme 50 students were presented.



Principal

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Dr. Atul Salunke

Principal

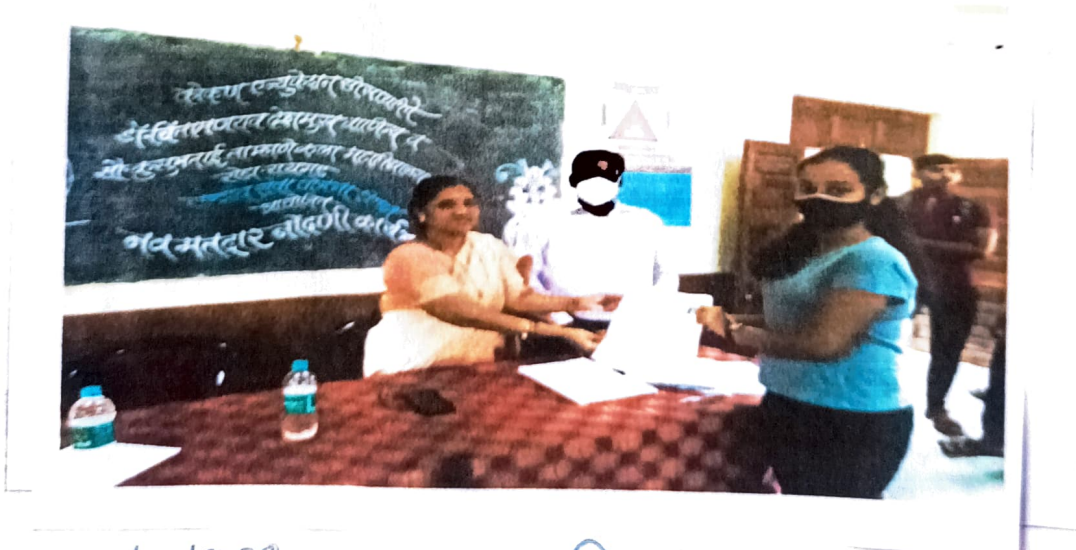
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Activity Report: Academic Year - 2020-21

Date of Activity: 25/11/2020


Sr. No.	Particulars	
1	Name of Activity	Registration for New Voters,
2	Name of Organizing Department/Committee Unit Cell	Dept. of NSS.
3	Collaborating Department/Institution, if any	Roha Tehsil, Roha
4	Convenor	Prof - T.P. Mokal
5	Resource Person(s)	Deputy Tehsildar Saeed Saheb Madam
6	Number of Beneficiaries	50
7	Aims of Activity	To Register New Voters in Voter List.
8	Outcomes of Activity	Students understand the importance of their names in voter list
9	Photographs	



Date: 25/11/2020

Venue: Roha College.


 Convenor


 Principal

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 K.E.S. Dr.C.D.Deshmukh
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"AIDS Day Awareness Quiz Comparison"

"District level quiz competition based on HIV-AIDS topic concluded in our College"

Following the guidelines of the Maharashtra State AIDS Control Organization and the inspiration of District Surgeon Dr. Suhas Mane, as part of the India@75 program, on the occasion of the Amrit Jubilee year of Indian Independence, District AIDS Prevention and Control Department, District General Hospital Alibaug and Konkan Education Society Dr. Chintamanrao Deshmukh Commerce and Mrs. Kusumtai Tamhane College of Arts, Roha in association with National Service Scheme Department

A district level quiz competition based on HIV AIDS topic was organized strictly following the Covid 19 norms. Students of 'Red Ribbon Club' from different senior colleges of Raigad district participated in this quiz competition.

The main objective of this quiz competition was that the participating students gained knowledge about HIV-AIDS and the participating students worked efficiently through the Red Ribbon Club.

This quiz was conducted in total three rounds. The first was based on general knowledge about HIV-AIDS. The second round was based on extensive knowledge of HIV-AIDS while the third round was based on the in-built skills of the participating students.

Dr. Atul Salunke, Principal of the college, Sanjay Mane, Manager of District AIDS Prevention Control Room, National Service Scheme Raigad District Coordinator, Prof. Tulshidas Mokal, got important guidance in organizing this quiz competition. A district level quiz competition based on HIV-AIDS was concluded.

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Dr. Atul Salunke, Principal of the college, Sanjay Mane, Manager of District AIDS Prevention and Control Room, Prof. Tulshidas Mokal, National Service Scheme Raigad District Coordinator, provided important guidance in organizing this quiz competition.

Principal



Dr. Atul Salunke

Principal

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Activity Report: Academic Year - 2020-2021

Date of Activity: 09/03/2021

Sr. No.	Particulars	
1	Name of Activity	Aids Awareness Quiz.
2	Name of Organizing Department/Committee Unit/Cell	College NSS UNIT
3	Collaborating Department/Institution, if any	District AIDS awareness department Raigad.
4	Convenor	Prof. T. P. Mokal
5	Resource Person(s)	Mr. Sanjay Mane
6	Number of Beneficiaries	23
7	Aims of Activity	To aware about aids disease and its prevention
8	Outcomes of Activity	Students participated in Quiz Competition.

9 Photographs



Aids Quiz

Date: 09/03/2021

Venue: College



(Signature)
Convenor

A-

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"State Level Online Pranayam & Yoga Camp Report"

A program based on the concept of Online State Level Online Pranayam & Yoga Camp was organized on 5th May 2021 to 9th May 2021 College National Service Scheme overcome the disaster of Covid-19 and to increase the physical and mental morale of college students. A total of 238 students of the college participated in this online program at 8.00 am to 10.00 a.m.

The main purpose of the said program is to teach the students of the college about yoga subject, types of yoga, importance of yoga &

What is the usefulness of yoga in human life & Building capacity to fight against covid.

The principal of the college, Dr. Atul Salunke, was present as the chief guest in the program & Mr. Anant Thorat was present as a yoga guide. In this activity Mr. Anant Thorat at the same time, he gave information to the present students about how yoga improves the physical and mental health of human beings in the Covid 19 Period.

He informed the students about the types of yoga such as Raja Yoga, Hatha Yoga, Lay Yoga, dyan Yoga, Karma Yoga and Bhakti Yoga.

This type of yoga was done through online present students. He also urged the audience to use the acquired knowledge for the benefit of society.



Principal

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Dr. Atul Salunke
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Dr. Atul Salunke

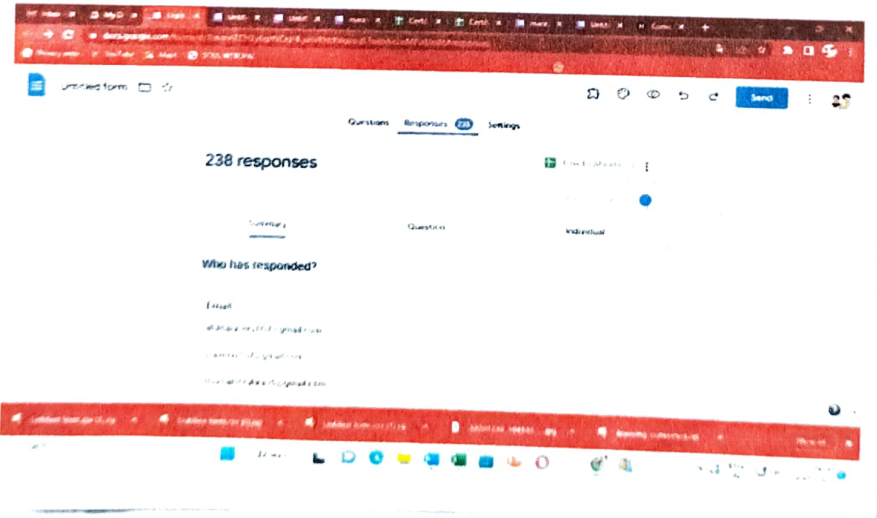
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Activity Report: Academic Year - 2020-21

Date of Activity: 05/05/2021

Sr. No.	Particulars	
1	Name of Activity	Online Dhanayam S Yoga Camp. (State level)
2	Name of Organizing Department/Committee /Unit/Cell	DEPT. OF NSS.
3	Collaborating Department/Institution, if any	—
4	Convenor	Dr. A. M. Thorat
5	Resource Person(s)	Dr. A. M. Thorat
6	Number of Beneficiaries	238
7	Aims of Activity	TO KNOW THE IMPORTANCE OF DHANAYAM S YOGA
8	Outcomes of Activity	STUDENT UNDERSTAND THE IMPORTANCE OF YOGA S DHANAYAM TO BETTER HEALTH
9	Photographs	

Date: 05/05/2021

Venue: ONLINE.

(Signature)
Convenor

(Signature)

Principal

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