

Konkan Education Society's

Dr. C. D. Deshmukh Commerce and Sau. K. G. Tamhane Arts College

Roha

Following activity was conducted as under the head 'Life Skills' for the student. The activity was organised in collaboration of Art of Living, Roha Branch. Mr. Nilakanth Kadam who is working as teacher and also a trainer in yoga was performed the role of Teacher Trainer in this yoga activity. As far as the beneficiaries are concern our teaching staff and 90 students were participated in this activity.

Name of the capability enhancement program	Date of implementation (DD-MM-YYYY)	Number of students enrolled	Name of the agencies/consultants involved with contact details (if any)
International Yoga Day	21-06-2020	90	Art of Living Roha AoL Teacher Nilkanth Kadam (Trainer)



Dr. Atul H. Salunkhe Principal K.E.S. Dr.C.D.Deshmukh Comm. & Sau. K.G.T Arts College, Roha - Raigad